



Timetable

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------|---|--|---|--|-----------------------|---------------------------|---|
| TG Room morning | Dynamic Alignment/Pilates 9.30-11.45 | Bump-to-Two 10-12 Well Baby Clinic 11-12 | Stay and Play 9.30-11 Toddler Gym 11.15-12 | Gym 8.30-1 | Gym 8.30-1 | Gym 9-1 | Gym 9-1 |
| TG Room afternoon | Strength and Balance 1.15-2.15 and 2.30-3.30 | Line Dancing 12.15-1 | Feldenkrais 12.30-1.30 Film club (last Wed of month 2-4pm) | Pilates 1.30-2.30 | | | |
| TG Room evening | Yoga 6-7 Pilates 7-8 & 8-9 | Barre fit class 7-8 | Yoga 6-7 | Super Circuits 6.30-7.30 Pilates 7.30-8.30 | Youth Club 7-9 | | |
| Hall morning | Gym 8.30-1 Pickleball 11-1 | Gym 8.30-1 Club booking 10-11, two courts | Gym 10-1 LeanGym 9-10 | Private table tennis 9-11 (one court) Pickleball 9.30-11.30 | School use 9.30-11.30 | | Sunday Circuits 10-11 Kid's Runabout 11-12 |
| Hall afternoon | One Fit Mama 1.15-2pm 6-7pm Oxfordshire Cricket (bi-weekly) | Youth Football 6-7 | Walking Football 3-4.30 Youth Football 6-7 | Kids Runabout 3.15-4.45 Youth Basketball Club (age 11+) 5-6 Youth Football 6-8pm | | Oxfordshire Cricket 1-5pm | |
| Hall evening | Youth Football 7-8 Badminton 8-10 | Netball Club 7-9 Club booking 9-10.30 | CTFC Training 7-8 Volleyball 8-10 | Walking Football 8-9pm Private booking 9-10 | Youth club 7-8 | | Private booking 8.30-9.30 |

Updated: 22.9.2019

Green activities = run by the centre; contact CCC directly to join (811878)
 Purple activities = run by an external instructor; contact details on CCC website
www.charlburycommunitycentre.org.uk
 Black text = private or club bookings