



Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
TG Room morning	Dynamic Alignment/Pilates 9.30-11.45 Dynamic Pilates 12-1			Yoga 9.15-12.15	Art History Group 10am-12 (until 2 nd March) Gym 9-1 (from 9 March)	Gym 9-1	Gym 9-1
TG Room afternoon				Pilates 1.30-2.30			
TG Room 5-10pm	Pilates 7-8 Pilates 8-9	Yoga 7-8.30		Circuits 6.30-7.30 Pilates 7.30-8.30	Youth Club 7-9.30		
Hall morning	Gym 9-1 Pickleball Club session 10-11, three courts	Gym 9-1 Club booking 10-11, two courts	Gym 10-1 LeanGym 9-10	Gym 9-1 Pickleball Club session 10-12, three courts	School use 9.30-11.30	Club booking	Sunday Circuits 10-11
Hall afternoon	After School Club 4-5	After School Club 4-5	Walking Football 3-4 After School Club 4-5	After School Club 4-5	AllStars Cricket 4-5pm	Club booking	
Hall 5-10 pm	Club booking 6-8 Badminton Club 8-10	Club booking 5-7 Netball Club 7-9	Club booking 5-9 Volleyball Club 9-10	Club booking 6-10	Club booking 5-7 Youth 7-8 Pickleball Club 8-10		Club booking 5-7.30

Updated: 12.1.2018

Green activities = run by the centre; contact CCC directly to join.

Purple activities = run by an external instructor; contact details on CCC website